

Taster 4 May 2012

DANCING SACRED RHYTHMS



WILD  
WISE  
WOMAN

[www.wildwisewoman.org](http://www.wildwisewoman.org)

Workshop 5& 6 May

# TEMPLE

DIVE DEEP. BECOME THE WILD WISE WOMAN YOU ARE

*Ancient wisdom*

*Power Places*

*Connection*

*Meditation*

*Sisters*

*Dance*

*Ritual*

with **KLARA ADALENA**

Avalon  
Glastonbury (UK)





'In dancing SACRED RHYTHMS I felt guided to listen to my inner rhythms and find expressions for them. Riding the wave of my own flow I came to my core, my Goddess. My body became a temple. It was again a place of devotion, sacred and sensual. SACRED RHYTHMS with Klara Adalena is a must do!'



## YOUR BODY IS A TEMPLE

If you like 5 Rhythms or Biodanza, you will love Sacred Rhythms. It adds a touch of shamanism. It opens the path of your heart.

In Glastonbury the sacred and fertile power of the divine feminine is extremely strong. Cellular memories of your true potential as a woman awoken. Through Sacred Rhythms we will tap into these ancient powers. We will dance and hold ritual on sacred sites and in the beautiful temple room of ShekinAshram.

Related to 5 Rhythms and Biodanza, Sacred Rhythms brings fire, surrender and deep connection to the earth. Relax into our ritual space, and allow the inner wisdom of your body and of the sacred land of Avalon to take over. Become aware of every cell, every impulse, every breath. The sacred is within you and longs to be expressed and lived. This amazing workshop heals the gap between your body and the sacred and makes you joyfully at home in your body.



Requirements: 3 hrs of Sacred Rhythms, e.g. Taster on Friday 4 May. Bring loose fitting clothes in layers.

### Klara Adalena

Wild Wise Woman was founded by Klara Adalena. Klara is loved for her warmth and clarity. It is her innate talent to bring people to the depth of their being. Klara is a wonderful teacher on your spiritual path.

TASTER: DANCING SACRED RHYTHMS Friday 4 May 2012 7.00 – 9.15 pm, Goddess Hall, Benedict Street, Glastonbury, £ 7 at the door, concession £ 5, no reservations.

WORKSHOP TEMPLE Saturday and Sunday 5, 6 May 2012 10 am- 5.30 pm, Shekinashram, Dodlane, Glastonbury. € 285/ £ 250, inc. taster on Friday and lunch. Before 1 Feb € 210/ £ 185, before 1 April € 250/ £ 220. Mail us for concessions.

Book online at [www.wildwisewoman.org](http://www.wildwisewoman.org).

If you need a place to stay, check [www.shekinashram.org](http://www.shekinashram.org) or choose one of the many B&B's in Glastonbury to fit your taste.

MORE INFO Our General Intentions and Conditions apply for this workshop, you find them on [www.wildwisewoman.org](http://www.wildwisewoman.org). There you will also find more info on taster, workshop, Klara Adalena, other workshops and our Priestess Training Program in Avalon and Egypt. For further questions, please use the contactform on the site or phone +316 21 57 87 93.

